

Nebraska Food Distribution Processed Commodity Fact Sheet

Name: *Beef, Meatballs/Advance

Product Code: 1-17-505-0

Processor: Advance Food Company

Category: Meat and Meat Alternate

Date: 5/9/2005

Description: Fully cooked charbroiled beef meatball with vegetable protein and special seasonings. They are individually quick frozen to allow for easy separation.

Pack Size: 192 servings

Storage: Store at 0 degree's F or below

Preparation: Keep Frozen until ready to use.

Cooking: Preheat oven to 350 degrees, place on a sheet pan. Cook for 10 to 12 minutes in a conventional oven or 7 to 9 minutes in a convection oven, until the product reaches an internal temperature of 165 degrees.

Serving Size: 5 meatballs

Meal Contribution: 2 meat/meat alternate

Nutrition Facts			
Calories:	164.40	Protein:	13.75 grams
Total Fat:	10.20 grams	Carbohydrate:	4.40 grams
Saturated Fat:	4.15 grams	Cholesterol:	34.30 mg
Trans Fat:	grams	Calcium:	35.20 mg
Iron:	1.40 mg	Dietary Fiber:	1.20 grams
Sodium:	257.65 mg	Vitamin C:	2.90 mg
Vitamin A:	98.75 IU		